

Name: _____

#: _____

Date: _____

Period: _____

Section: WRITING

TED Talk - "Inside the Mind of a Master Procrastinator"

Speaker: Tim Urban **Procrastinate** – verb – To defer action, to delay, to put off

Directions: As you listen to this talk, write notes in each of the four boxes. Your notes don't need to be in complete sentences. You can make a bulleted list for each box if you want.

Connections

What connections do you draw between the message in this TED talk and your own life?

Challenges

How does the speaker challenge you to question your beliefs or to think about something in a new way? How does the speaker challenge you to take action?

Concepts

What ideas do you think are important and worth holding onto from this talk?

Changes

How has your thinking changed after watching this talk?